

# Altiver<sup>TM</sup> Capsule

*Ginkgo biloba* 60 mg

## Improves blood supply in brain

### Composition:

Each Capsule contains *Ginkgo biloba* 60 mg standardized extract.

### Description:

*Ginkgo biloba* is used as a remedy for minor deficits in brain function that occurs in old age. It improves concentration and combats short-term memory loss due to partially clogged arteries in the brain. It is also indicated in dizziness, ringing in the ears, headache and emotional hypersensitivity accompanied by anxiety.

### Pharmacological actions:

**Altiver** 60 mg Capsule (*Ginkgo*) inhibits the binding of platelet activating factor (PAF) to platelets resulting the inhibition of platelet aggregation and increases blood fluidity; reduces thrombosis; brings improvement in cognition, short-term visual memory in dementia, short-term memory in cerebral insufficiency, tinnitus, activities of daily living (ADL) scores in people under 60 years old, mood and sleep in older individuals.

### Indication and uses:

#### Primary uses:

- ⇒ Cerebral insufficiency: memory deficit, depression, attention and memory loss that occur with Alzheimer's disease and multi-infarct dementia.
- ⇒ Vertigo and tinnitus (ringing in the ear) of vascular and involutional origin.
- ⇒ Peripheral Vascular Disease: improvement of pain-free walking distance in Peripheral Arterial Occlusive Disease in Stage II according to Fontaine (intermittent claudication) in a regimen of physical therapeutic measures in particular walking exercise.

#### Other potential uses:

- ⇒ Protective action in hypoxia
- ⇒ Acute cochlear deafness
- ⇒ Sexual dysfunction associated with SSRI use

### Side-effects:

*Ginkgo biloba* is well tolerated when administered. But rare side-effects are headache, dizziness, palpitation, gastrointestinal disturbances, bleeding disorders & skin hypersensitivity reactions have been reported. In higher than recommended doses, diarrhea, nausea, vomiting, restlessness, and weakness may occur.

### Precautions:

*Ginkgo* should be used with caution in patients taking anticoagulant or antiplatelet agents i.e. warfarin, heparin & aspirin.

### Contraindication:

It is contraindicated in patients with bleeding disorders. Avoid long term use (above 6 months) or before surgery and in patients with known risk factors for intracranial hemorrhage.

### Pregnancy and lactation:

There is no known restriction of the use of *Ginkgo* in pregnancy and lactation.

### Dosage:

1 or 2 capsules 2 to 3 times daily or as advised by the physician.

### Storage:

Keep in a cool and dry place, away from direct sunlight.

### How supplied:

Each commercial box contains 5 x 4 Capsules in Alu-Alu blister strip.



Manufactured by:

**KEMIKO PHARMACEUTICALS LTD.**

Herbal Division  
Bangladesh

