

# Kofsol<sup>TM</sup> Syrup

## Description:

**Kofsol** syrup is an ideal nonsedating herbal cough syrup. This preparation is a right combination of as many as 14 herbs. These herbs are effective for cough, cold, & flu. It is well tolerated & safe with potent anti-allergic properties. It is used to both children and adults. It is free from side-effects like drowsiness, dryness of mouth and constipation.

## Ingredients:

***Adhatoda vasica* (Vasak):** It contains alkaloids – vasicine & vasicinone. It has mucolytic, expectorant, anti-inflammatory and antibacterial properties.

***Piper longum* (Pipul):** Effective in allergic and asthmatic cough, chronic congestion and hoarseness.

***Glycyrrhiza glabra* (Jastimadhu):** Relieves irritation of throat. Used as demulcent, expectorant and anti-inflammatory agent.

***Terminalia chebula* (Haritaki):** It has laxative properties. It removes toxin from the body.

***Saussurea lappa* (Kur):** It has antiseptic, disinfectant and anti-inflammatory properties and also effective in bronchial asthma.

***Zingiber officinale* (Ginger):** Acts as an antihistamine and very useful in common cold.

***Piper nigrum* (Black pepper):** It has bacteriostatic, fungistatic and anti-inflammatory properties.

***Syzygium aromaticum* (Labango):** Removes cough, sore throat and coryza.

***Elettaria cardamomum* (Elach):** It has antimicrobial, anti-inflammatory and analgesic properties. It prevents bad breath. It is used as an aromatic stimulant, carminative and flavoring agent.

***Cinnamomum zeylanicum* (Darchini):** It relieves cough due to its soothing action. It is a good anti-infective agent.

***Cinnamomum tamala* (Tejpata):** It helps to cure respiratory disorders including flu, sinusitis, asthma and chronic inflammation of the mucous membrane.

***Pistacia integerrima* (Kakra sringi):** Helps in cough, asthma and anorexia.

***Myrica nagi* (katphal):** It helps to relieve dyspnoea, cough and throat irritation.

***Ocimum sanctum* (Basil):** It is effective to increase soothing action and to relieve acute cough.

**Indication:** **Kofsol Syrup** relieves cough, soothes and liquefies phlegm, alleviates sore throat & removes irritation of respiratory tract.

## Dosage and administration:

Children under 12 years: 1-2 teaspoonfuls (5-10 ml) 3 times daily.

Adult: 3 teaspoonfuls (15 ml) 2-3 times daily. In acute cough lukewarm water can be added for better result.

## Side-effects:

Side-effects are rare in the recommended doses.

## Contraindication:

There is no evidence available on contraindication but it may happen in patients who are hypersensitive to any of its ingredients.

## Use in pregnancy:

The use of **Kofsol** syrup in pregnancy has not been studied. Therefore, it should be used with caution during pregnancy considering the potential benefits.

## Drug interaction:

No clinically significant drug interactions have been reported.

## Storage:

Store in a cool and dry place, away from sunlight. Keep the medicine out of reach of children.

## How supplied:

Each PET bottle contains 100 ml **Kofsol Syrup**.



Manufactured by:

**KEMIKO PHARMACEUTICALS LTD.**  
Herbal Division  
Bangladesh

